Ready or Not Ready?
Preparedness Quiz – Scoring and Answer Key

Emergencies such as natural disasters, an influenza pandemic, or terrorist event have the potential of disrupting thousands of lives. One may affect you and your family. Are you prepared for an emergency to strike? Let’s find out how you did!

Scoring:
8-10 correct answers.
Consider yourself ready! Be sure to remember to update your emergency supply kit(s) and emergency plan on a regular basis. To find out how, visit the Ready Navy webpage (http://www.ready.navy.mil).

5-7 correct answers.
You’re almost ready, but may need to do a little brushing up! Visit the Ready Navy webpage for more information on how to become ready (http://www.ready.navy.mil).

0-4 correct answers.
You are not ready! It’s time to visit the Ready Navy webpage to find out what you need to do to become ready (http://www.ready.navy.mil).

Answer Key:
1. As long as I have all the necessary supplies for an emergency kit somewhere in my house, I am prepared for an emergency.
   ✗ True
   ✓ False

   The correct answer is False. Keeping all of your emergency kit supplies stored all in the same location—preferably in a portable bag or container—will make it much easier to grab your kit and go in the case of an evacuation.

2. If local authorities told me to evacuate, I would:
   ✗ Refuse to leave. Most ‘emergencies’ don’t turn out to be a big deal.
   ✗ Wait to see if the situation worsened, then decide.
   ✓ Follow the advice of local responders to ensure my safety and theirs.
   ✗ Call my neighbor and see what she thinks I should do.

   The correct answer is “Follow the advice of local responders to ensure my safety and theirs.” If local authorities advise you to evacuate, be sure to follow their instruction.
3. **Our emergency supply kit has enough materials to sustain myself and my family:**

   - ✗ For at least four hours.
   - ✗ Through the night.
   - ✗ Until we get to a shelter.
   - ✓ For at least three days.

   *The correct answer is “For at least three days.” You may need to survive on your own after an emergency. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. Local officials and emergency personnel will respond after a disaster, but they may not be able to reach everyone right away.*

4. **As long as one person in my family knows what our emergency plan is, our family is prepared.**

   - ✗ True
   - ✓ False

   *The correct answer is False. If everyone in your family knows what your family emergency plan is and participates in developing the plan, nobody is left wondering what to do when an emergency strikes.*

5. **My family and I have:**

   - ✗ An emergency kit at home.
   - ✗ An emergency kit in the car(s).
   - ✗ An emergency kit at work.
   - ✓ All of the above.

   *The correct answer is “All of the above.” Having kits in your home, your car, and at work will enable you and your family to respond to an emergency more quickly and will be useful whether you have to evacuate or shelter in place.*

6. **Since my spouse is in the Navy, he/she will be able to make sure our family is safe if an emergency strikes.**

   - ✗ True
   - ✓ False

   *The correct answer is False. Due to the nature of being a Sailor, your spouse may be deployed or called away to help others in the emergency situation, leaving you and your family left to react on your own.*

7. **In terms of water, our emergency supply kit has:**

   - ✗ A small bottle for each member of the family.
   - ✓ A gallon a day for each family member for three days.
   - ✗ One gallon for the family to share.
   - ✗ More water for the adults than the kids.
The correct answer is “A gallon a day for each family member for three days.” In the event of a disaster, you may need to survive on your own for a period of time, so be prepared with enough water for everyone in your household for at least three days.

8. **Our family’s emergency plan contact person is:**
   - ✗Our next door neighbor.
   - ✗Our family friend who lives two blocks away.
   - ✓Grandma and Grandpa Smith who live in another state.
   - ✗The Governor of our state.

The most correct answer is “Grandma and Grandpa Smith who live in another state.” Your family’s emergency plan contact person should be someone who lives outside your region, preferably in another state. Otherwise, your contact person may be dealing with the same emergency situation and may be hard to reach.

9. **The four aspects of being prepared for an emergency are:**
   - ✓Be informed, make a plan, build a kit, stay informed.
   - ✗Call a friend, go to the hospital, go home, stand outside and watch.
   - ✗Make a plan, practice the plan, keep the plan to myself, ignore the plan.
   - ✗Water, batteries, map, perishable food.

The correct answer is “Be informed, make a plan, build a kit, stay informed.” The National Ready Campaign urges all Americans to be and stay informed about the potential disasters that could strike where you live, make an emergency plan, and put together an emergency supply kit.

10. **Including children in the family emergency planning process will only scare them, so it should be avoided at all costs.**
    - ✗True
    - ✓False

The correct answer is False. When children are included in the family emergency planning process and know how to respond, it actually helps them stay much calmer in the event of an actual emergency situation.